

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday





Saturday



# May 2026

						10:00 Lets Move 10:30 Coffee Club 2:00 Whack a balloon 3:00 Classic Movie Time  May Day	10:00 Move That Body 10:00 Coffee Club 2:00 Movie and a Popcorn 3:00 Hydration Cart 4:00 Room Visits and Mail Call
10:00 Lets Move 10:30 Coffee Club and Church Services 2:00 walking Club 3:00 Room Visits	Star Wars 10:00 Chair Yoga 10:30 Coffee Club 10:45 Color Sorting 2:00 Star wars and Treats 5:00 Walking Club 6:00 Music Time	Cinco De Mayo 10:00 Move to the Music 10:30 Coffee Club 2:00 Cinco De Mayo Party 4:00 Wonders Of Mexico 5:45 Game Time with Jaliyah  Cinco de Mayo	10:00 Exercise 10:30 Coffee Club 10:45 Fold and Fluff 2:00 Walking Club 3:00 Hydration Cart 4:00 Room Visits	10:00 Chair Exercise 10:30 Coffee Club 10:45 Relaxation 2:00 Movie Day 4:00 Hydration Cart	10:00 Move that Body 10:30 Coffee club 2:00 Bean Bag Toss 3:00 Hydration Cart 4:00 Movie day	10:00 Sit to be Fit 10:30 Coffee Club 2:00 Bingo 3:00 Room Visits	
10:00 Exercise 10:30 Coffee Club and Mothers day Coloring. 2:00 movie day with treats 3:00 Tv land  Mother's Day National Skilled Nursing Care Week	50s Day 10:00 Move That Body 10:30 Coffee Club & 50s Trivia 2:00 Jumbo Bowling 3:00 Milkshake Cart 5:00 Superman The Movie	60s Day 10:00 Exercise 10:30 Coffee Club & 60s Trivia 2:00 Tie Dye Party 3:30 Hydration Cart 5:00 The Sound of Music	70s Day 10:00 Dance To The Music 10:30 Coffee Club and Face painting 1:15 Guardians Game watch party 4:00 Room Visits	80s Day 10:00 Chair Yoga 10:30 Coffee Club and Monopoly 2:00 80's Bingo 3:00 ET and snacks 5:00 Name That tune	90s Day 10:00 Exercise 10:30 Coffee Club 2:00 Pizza Party & Pie a staff member !!!! 4:00 The Titanic The movie!!	10:00 Lets Move 10:30 Coffee Club and Coloring 2:00 Nail day 3:00 room Visits  Armed Forces Day	
10:00 Move That Body 10:30 Coffee Club and Trivia 2:00 Bingo 3:00 Room Visits	10:00 Chair Yoga 10:30 Coffee Club 2:00 Resident Council 3:00 Hydration Cart 4:00 Walking Club  Victoria Day (Canada)	10:00 Chair Yoga 10:30 Coffee Club and Coloring 2:00 Fresh air 3:00 Hydration Cart 6:00 Grease The movie	10:00 Exercise 10:30 Coffee Club 2:00 Movie Day 3:00 Snack Cart 5:30 Tv Land	Strawberry creme 10:00 Get Moving 10:30 Coffee Club 1:10 Guardians watch Party 3:30 Bingo 4:30 Hydration Cart 5:30 Bird watching  Shavuot Begins	Memorial Day Cookout 10:00 Move that Body 10:30 Coffee Club 2:00 Beach Balloon Volleyball 3:15 Hydration Cart 4:15 Word Search Races	10:00 Move That Body 10:00 Coffee Club 2:00 Movie and a Popcorn 3:00 Hydration Cart 4:00 Room Visits and Mail Call	
Brothers day 10:00 Morning Stretches 10:30 Coffee and News 2:00 Movie In the Dinning Room 3:00 Hydration Cart 4:00 Mail Call	10:00 Move That Body 10:30 Coffee Club 2:00 Music Hour and nails 3:00 Snack Cart 5:30 Sing A Longs  Memorial Day	10:00 Exercise 10:30 Coffee Club 2:00 Movie Day 3:00 Snack Cart 5:30 Tv Land	10:00 Move that Body 10:30 Coffee Club and News 1:10 Guardians watch party 4:00 Hydration Cart 5:00 Coloring Circle 6:00 Room Visits	10:00 Exercise Time 10:30 Coffee Club 2:00 Walking Club 3:00 Snack Cart 5:30 Sing along	10:00 Exercise 10:30 Coffee Club 2:00 Walking Club 3:00 Tv Land	10:00 Sit to be Fit 10:30 Coffee Club 2:00 Bingo 3:00 Room Visits	
Smile day 10:00 Lets Move 10:30 Coffee Club and Music Therapy 2:00 Snack Social 3:00 Mail Call							

Activity's may change!!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:00 Lets Move 10:30 Coffee Club and Church Services 2:00 High Stakes Bingo 3:00 Room Visits	<b>Star Wars Day!!!</b> 10:00 Morning Stretch 10:30 Coffee Club 2:00 Star Wars The Movie with Yoda Treats 5:00 Bingo 6:00 Evening News and Room Visits	<b>Cinco De Mayo Day</b> 10:00 Move to the Music 10:30 Coffee Club 2:00 Cinco De Mayo Party 4:00 Wonders Of Mexico 5:45 Game Time with Jaliyah  Cinco de Mayo	10:00 Lets Move 10:30 Coffee Club and DIY Tulips 2:00 Store Day 3:00 Hydration Cart 4:00 Room Visits	10:00 Move that Body 10:30 Coffee Club 2:00 Live Music with Abraham 3:00 Hydration cart 4:00 Lite Hits Of the 70s 5:00 Resident Choice	10:00 Chair Yoga 10:30 Coffee Club 2:00 Bingo 3:00 Hydration Cart 4:00 Bird watching 5:00 Uno, Rummy, and Go Fish. 6:00 Evening Movie Time!!!!  May Day	10:00 Move That Body 10:00 Coffee Club 2:00 Movie and a Popcorn 3:00 Hydration Cart 4:00 Room Visits and Mail Call
10:00 Exercise 10:30 Coffee Club and Mothers day Coloring. 2:00 Movie day with treats 3:00 Tv land  Mother's Day National Skilled Nursing Care Week	<b>50s Day!!!!</b> 10:00 Move That Body 10:30 Coffee Club & 50s Trivia 2:00 Jumbo Bowling 3:00 Milkshake Cart 5:00 Superman The Movie	<b>60s Day</b> 10:00 Exercise 10:30 Coffee Club & 60s Trivia 2:00 Tie Dye Party 3:30 Hydration Cart 5:00 The Sound of Music	<b>70s Day</b> 10:00 Dance To The Music 10:30 Coffee Club and Face painting 1:15 Guardians Game watch party 4:00 Room Visits	<b>80's Day!!!!</b> 10:00 Chair Yoga 10:30 Coffee Club and Monopopluy 2:00 80's Bingo 3:00 ET and snacks 5:00 Name That tune	<b>90s Days</b> 10:00 Exercise 10:30 Coffee Club 2:00 Pizza Party & Pie a staff member !!!! 4:00 The Titanic The movie!!!	10:00 Lets Move 10:30 Coffee Club and Coloring 2:00 Nail day 3:00 room Visits  Armed Forces Day
10:00 Move That Body 10:30 Coffee Club and Trivia 2:00 Bingo 3:00 Room Visits	10:00 Chair Yoga 10:30 Coffee Club and Coloring 2:00 Resident Council 3:00 Hydration Cart 4:00 Fresh Air 6:00 Grease The movie  Victoria Day (Canada)	<b>Dino Day</b> 10:00 Get Moving 10:30 Coffee Club 2:00 Hidden picture scavenger hunt 3:00 Hydration Cart 4:00 Bingo 5:00 Room visits	10:00 Lets Move 10:30 Coffee Club and I love Lucy 2:00 Tv land and wine Down 3:00 Room Visits	<b>Strawberry and Creme Day</b> 10:00 Get Moving 10:30 Coffee Club 1:10 Guardians watch Party 3:30 Bingo 4:30 Hydration Cart 5:30 Bird watching  Shavuot Begins	<b>Memorial day Cookout</b> 10:00 Move that Body 10:30 Coffee Club 2:00 Beach Balloon Volleyball 3:15 Hydration Cart 4:15 Word Search Races	10:00 Sit to Be Fit 10:30 Coffee Club and Crafts 2:00 Bingo 3:00 Room Visits
<b>Brothers Day</b> 10:00 Lets Move 10:30 Coffee Club and Tea 2:00 Afternoon Bingo 3:00 Tv land	10:00 Morning Stretches 10:30 Coffee and News 2:00 Movie In the Dinning Room 3:00 Hydration Cart 4:00 Mail Call 5:00 Nail Day  Memorial Day	10:00 Chair Yoga 10:30 Coffee Club and Outside Sitting 2:00 Cornhole 3:00 Hydration Carts 4:00 Uno Games 5:00 Nightly News	10:00 Move that Body 10:30 Coffee Club and News 1:10 Guardians watch party 4:00 Hydration Cart 5:00 Coloring Circle 6:00 Room Visits	10:00 Sit to Be fit 10:30 Coffee Club and Current News 2:00 Bingo and Treats 3:00 Hydration Carts 4:00 Craft Club 5:00 Rummy 6:00 Mail call	<b>Biscuit day</b> 10:00 Exercise 10:30 Coffee Club 2:00 Ice Cream and a Movie 4:00 Hydration Cart 5:00 Table Games	10:00 Move to the music 10:30 News and Coffee Club 2:00 Bingo 3:00 Room Visits
<b>Smile Day</b> 10:00 Lets Move 10:30 Coffee Club and Music Therapy 2:00 Snack Social 3:00 Mail Call						

Type the name, address, and other information about your community/company here.